



*Together We Can...*

**2016-17 SHAPE WA Executive Board  
"Working to benefit our members, profession"  
Spring Board Meeting April 29, 2017**

Best Western Plaza on the Green  
24415 Russell Road, Kent, WA, 98032

**In attendance: Paul Clinton, Krista Winn, Ryan Wiser, Melanie Flink, Joyce Kjorsvik, Teri Galloway, Denise Peterson, Jennie Hershey, Jenni McCloughan, Tracy Krause, Jeana Haag, Sara Russell, Dana Henry, Judy Beard, Emily Pond, Gretchen Gray, Alice Atha, Kristen Edmiaston, Susan Sellers, Toni Bader, Ken Turner, Gayle See**

**9:00 am**

**Call to order... Jeana Haag, SHAPE Washington President**

Celebrations – Slide show of the accomplishments that are happening outside of this room!

Vision – Every child in Washington State is healthy, active, educated, and ready for the future.

Mission – SHAPE WA supports coordinated efforts to foster healthy, active, educated youth in Washington State through professional development, advocacy, community outreach, and partnerships.

Review goals for year

Meeting Norms

Review motion procedures: **Denise Peterson, Parliamentarian**

Meeting Objectives and Outcomes

Approve Agenda- approved

**OLD BUSINESS**

**- SHAPE WA financial update – Gayle See, Executive Director**

- Financial Report – Expense budget and what we have spent so far this year from Gayle See
  - Joyce Kjorsvik suggested to add funds for postage for award mailings or take it out of Committees 5.2
  - Next year's proposed budget
  - Judy Beard motioned to approve the budget and Joyce Kjorsvik seconded the motion to approve the SHAPE Washington budget for 2017-2018
- Membership – don't forget to keep your membership current

**- West's Best Report – Gayle See, Executive Director**

- \* Changing where the vendors and exhibitors are located for West's Best for next year

**- Shape America Convention Report- Sara Russell, President Elect**

- \* Boston update – good turnout for Washington people (around 60 people) with a good showing
- \* Lisa Rakoz – Joy award
- \* Dana Henry – PAL award
- \* Susan Braun – Jump Rope for Heart Coordinator
- \* Next year – Nashville March 20-24<sup>th</sup>

**- Journal Report – Alice Atha, Journal Editor**

- Update – Journal is in the rough draft stage and she is waiting for a few more articles

- Please send the original (chart, graph, photo, etc. in a jpeg or PDF) when submitting your article to Alice
- Tracy Krause mentioned that it is important to include something that is focused on what we represent on the SHAPE WA Board (health, dance, adaptive, curriculum, etc.). We want people to see themselves when reading the journal.
- Sara Russell suggested that a "theme" would help when writing the journal articles. Sometimes it is tough to come up with ideas so a theme might help (i.e. curriculum as the theme for fall journal).
- Susan Sellers suggested having a "classified" section in the journal with PE items that we want to trade, sell, or get rid of.
- Articles were due April 1
- Next article due July 1st

### **Brain Based Learning Trainings - Teri Galloway, Denise Peterson and Dana Henry**

- Action Based Learning – KIDSFIT
- Incorporating the curriculum into the movement, brain boosters, and making the connection with the brain and movement
- Pre-Conference next year – another training on Brain Based Learning
- Paul Clinton suggested having someone present on this work around the state that isn't a current teacher because it is hard for a teacher to be out of the classroom. It would be nice to have someone that can commit to this work that has the training and the time.
- Sara Russell suggested having both an elementary and a secondary person for future trainings.
- Jeana Haag suggested looking at the budget to propose getting more people trained in Brain Based Learning. Jeana will work with the Board on next steps.
- Kristen Edmundson made a motion to approve fund sending up to 4 people to Brain Based Learning Training in summer 2017. Susan Sellers seconded the motion.

### **Speak Out Day Report – Emily Pond, Young Professional**

- Emily Pond, Lori Dunn, and Jeremy McIver along with a college student, Andrew Gogl (EWU), attended Speak Out Day in Washington D.C.
- Over 200 people from 46 states in attendance
- Celebrated that Health and Physical Education are "core" subjects!
- Main 3 things they advocated for:
  - ESSA funded at 1.65 million dollars
  - Title 2A – full funding
  - Title 4B – summer programs
- Meetings with various aids, good conversations about PE work, and the decision making that goes on in Washington D.C.

### **NEW BUSINESS**

#### **Professional/Community Partner Presentations:**

#### **-10:00 am - Legislative Action Update – SHB 1235- Susan Sellers, Legislative Action**

\* Shape Up day in Olympia – We doubled our attendance this year. They made contacts with legislators and their assistants. Partnered with the Children's Obesity Prevention Coalition.

\* Legislation – We got our foot in the door with waivers last year and this year they passed through on Bill 1235.

In 2018-2019 the Bill 1235 will go into effect to gather data on using a standards based curriculum, how many minutes in PE, number of waivers given, excluded students for discipline in PE, certificated PE teachers teaching PE, and solid data on how we need to influence some the issues that are impacting a quality physical education program. It will take a few years to gather the data but this will help identify the needs and issues that we have in Washington on teaching quality PE. We need good data in order to make action!

Data on:

- Number of students completing a PE class during the year
- Number of minutes per week of PE in grades 1-8

- Number of waivers granted middle and high school level
- Indication of whether all PE classes are taught by PE endorsed
- The PE class size
- Frequency with which PE is presented to students
- Sufficient gym/sheltered space
- District curriculum address K-12 standards
- Modifies/adapts PE for students with disabilities
- District excludes students from PE due to discipline
- Results need to go to the district Wellness Committee – goal is to appear on the school’s individual report card
- Where and report card?

**-10:15 am - OSPI/H&F Cadre update –SHB 1235 - Ken Turner, OSPI Representative**

- \* OSPI’s role in collecting the data – Ken has spent a lot of time on SHB 1235
- \* Ken explained the questions that will go out to find the data needed on PE future work
- \* We have 2 years to create a survey with questions to gather data – a suggestion was made to form a committee to take a look at the questions to refine and adjust.
- \* Is this data per school or per district? Data would be different depending on how we gather the data.
- \* Bring in a small group to form a committee to look at this data collecting process supported by SHAPE Washington
- \* Is anyone interested in working on developing the questions? Goal is to have a pilot survey by the fall for the SHAPE WA annual conference.  
  - Krista Winn, Joyce Kjorsvik, Jennie Hershey, Ken Turner, and Sara Russell are all possible people who are interested in the committee work

**-10:45 am - Healthiest Next Generation Update: Jeana Haag, President**

- \* Wellness Policy Training – All district wellness policies must be revised by June 30, 2017 this year!
- \* What are the ramifications if your district isn’t in compliance? Federal funding impacts the districts that aren’t in compliance.
- \* ESSA – a slow down right now with ESSA recommendations

**-SHAPE AMERICA – Gayle See, Executive Director**

**-NWD- Gayle See**

- Update on Albuquerque – 2017 SHAPE America Regional Conference June 25-27
- Keynotes, TOYS present, and registration until May 12<sup>th</sup>

**-Merge NWD and Southwest Districts into one strong district**

**-Upcoming Conferences- Gayle See/Tracy Krause**

- Health Educators Workshop – May 6<sup>th</sup> @ CWU
- Judy Beard – A great diverse group of presenters at this conference with good representation from all of our universities.
- Fall Conference – October 13 & 14 @ Emerald Ridge High School
- Tracy Krause – The conference is in Puyallup at new site and looks like everything will work out really well there. Good place for exhibitors.

**-Awards Update and Nominations Procedures – Joyce Kjorsvik, Awards**

- Update – A little disappointed in a few folks that dropped out in the end and didn’t fill out the paperwork.
- There are nominees in elementary, middle and high school but not in health or dance.
- Dana Henry suggested that we add another award that draws in people who are not PE but are into Action Based Learning or doing amazing things outside of PE. Reach out to more people who

are doing amazing work but might not be teaching PE right now. Water down the national award and make it a state award with certain criterions.

- Toni Bader suggested recognizing community partners like Cascade Bicycles. A good way to thank our community partnerships that support our work!

### **-Board Positions Openings for 2017-18 – Sara Russell, President Elect**

\* Open positions:

Secretary  
Awards – appointed position  
Secondary PE  
Dance  
Treasurer

### **–JRFH/HFH – Gayle See**

- Update from AHA – Report states that we are down in number of schools participating in JRFH/HFH
- Mini Grants for Coordinators – Grant information is on the website for \$500 each. You may use the \$500 grant money however you want but you must have had an event at your school to be eligible.

### **-Elementary Education Competencies Work Group Meeting – Susan Sellers and Dana Henry**

\* Group worked with people from OSPI, university folks, etc. on what is expected of what a general education classroom teacher can teach. The group looked at what is developmentally appropriate for general classroom teachers to teach. The outcome is that PE needs to be taught by someone who is endorsed and certified. School districts will be notified if they have teachers out of compliance and teaching in their endorsed subject area.

## **COMMITTEES**

### **11:30 am - 12:00 pm – Committee Chair Reports**

- Celebrations from last year and vision moving forward- Summary of these – **Jeana Haag**
- Turn in a success story – The stories are used and needed! Send one in to Paul Clinton.
- Introduce Committee Chairs:
  - Marketing: Krista Winn – Market “50 Million Strong” and in Washington we are responsible for 1 million students to get strong and stronger! Market how many students you are getting strong at your own school (i.e. Krista 390) and commit to your number. Walk people through as a state to get to “Washington State is One Million Strong”.
  - Legislative Action: Susan Sellers – Celebrate the strength that we already have and now we need to show people what we are doing.
  - Assessment: Terri Farrar
  - Curriculum: Jennie Hershey – Identify what the great instructional practices are and what they look like in the PE class. Examples of good instructional practices in PE on videos for resources for new teachers.
  - Advocacy: Paul Clinton – Advocate on the good work that is happening in PE around the state so send in your success story!
  - Social Media: Melanie Flink and Ryan Wiser – Make sure that all committees know that the social media committee will support you! We can work with you to spread the word and help facilitate reporting the information.
  - AdHoc Committee is newly added – Kristen Edmundson will do the social justice committee work. If you have anyone who might be interested in this work please have them reach out to Kristen.

### **-Vision for committee work**

- Break out into committees for quick briefing before lunch
  - Committee Chairs Discuss their Pre-Meeting outcomes with the group

**12:00-1:00 pm – Lunch, Recipe Sharing, Group Photo, and Hotel Check-Out**

**1:00 pm Committee Work – Time for everyone to work on their committees**

**3:00 pm**

**-Committee Progress Report and Next Steps**

- Gallery Walk
- Invite your legislatures into your gyms to see the good work happening in PE!
- Social media will post the good things that are happening in your gyms so send pics to the social media committee

**-Reminders and Thank You' s and Group Photo**

**3:00 pm Meeting was Adjourned – Jeana Haag, President**